

SPEECH BRIDGE

Bridging Therapy And Professional Support

Engaging a toddler in attention and listening games is a wonderful way to foster their development! Here are some simple and fun games tailored to their age:

Top tips: Keep sessions short and fun (2 to 5 minutes) and use lots of praise and encouragement. Stay flexible; if they lose interest, try again later.

Simon Says

How to Play: Give instructions like “Simon says touch your nose” or “Simon says jump up and down.” If that’s too tricky leave out Simon and just say “touch your nose!” **Skills Developed:** Listening, following directions, and focus.

Sound Hunt

How to Play: Sit quietly and listen for different sounds (a car, bird, or ticking clock). Take turns guessing what the sounds are. **Skills Developed:** Active listening and sound recognition.

Freeze Dance

How to Play: Play music and dance together. Pause the music at intervals, and everyone must freeze until it starts again. **Skills Developed:** Listening and body control.

What’s That Sound?

How to Play: Use toys or household objects (like a bell, drum, or crinkling paper) to make a sound out of sight. Ask your child to identify it. **Skills Developed:** Auditory discrimination and memory.

Follow the Leader

How to Play: Do simple actions (clapping, jumping, or spinning) and have your child copy. Let them take turns being the leader too! **Skills Developed:** Imitation, attention, and leadership skills.

Bean Bag Toss

How to Play: Say “Ready, steady ... Encourage them to finish the phrase. **Skills Developed:** Attention and hand-eye coordination.

Animal Sounds Game

How to Play: Make an animal sound (e.g., “Moo!”) and have your child guess the animal. Let them try making sounds for you to guess. **Skills Developed:** Listening, memory, and language.

Passing a Rhythm

How to Play: Clap or tap a simple rhythm and ask your child to copy it. Start easy and increase complexity as they improve. **Skills Developed:** Listening and rhythm awareness.

Hide and Seek Sounds

How to Play: Hide a noisy toy (like a rattle or beeping device) and encourage your child to find it by listening for the sound. **Skills Developed:** Auditory focus and spatial awareness.